



## **Town of Winthrop**

17 Highland Avenue  
Winthrop, Maine 04364

[www.winthropmaine.org](http://www.winthropmaine.org)

207-377-7200

**FOR IMMEDIATE RELEASE:** April 7, 2020

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Jeffrey Kobrock, Town Manager; 207.377.7200 ext 423; [manager@winthropmaine.org](mailto:manager@winthropmaine.org)

### **Protecting Ourselves and Our First Responders from COVID 19 – What You Can Do**

**WINTHROP, Maine** – As numbers of Coronavirus cases climb in Maine and across the nation, our first responders and medical professionals are on the front lines and at high-risk of exposure. Winthrop’s teams are well-prepared with Personal Protective Equipment (PPE) but there are steps that the public can take to help ensure our crews remain healthy and prepared to continue to respond at the highest level possible to our community’s needs.

- 1) If you are experiencing minor symptoms of illness you suspect might be COVID-19, please use the [CDC’s online symptom self-checker](#) as your first step.
- 2) If you are experiencing moderate symptoms or are unsure, contact your primary care physician’s office. They can best help determine your next steps for care.
- 3) As always, if you are experiencing a medical emergency, please dial 911.

We understand that everyone is experienced heightened sensitivity to illness right now and want everyone to receive appropriate treatment. By using the [CDC’s symptom checker](#) and your primary care doctor as your first call, we are able to help preserve and extend the supply of our PPE supplies through the pandemic so our crews can continue to perform safely and effectively. Every call they respond to with a suspected COVID-19 case requires PPE to be deployed and disposed of following the call.

Additionally, act as though you are a carrier of the virus and follow all safe-at-home rules under the Governor’s Executive Order, physical distancing and frequent hand-washing practices. Facial masks, when properly worn, may help in preventing the wearer from spreading the virus while in public settings.

#### **For additional Winthrop notices:**

As a reminder: people can sign-up to receive updates on the new town [website](#) under the section marked “Winthrop Alerts.” This new email notification system will provide updates as they are available, as well as on the Town’s Facebook page and those of the emergency departments (EMS/Ambulance, Police, Fire).

Questions for school-related activities and polices should be directed to Superintendent Dr. Cornelia Brown: 377-2296 x2001.

Questions for municipal-related activities should be directed to Town Manager Jeffrey Kobrock, 207.377.7200 ext 423.

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